

MACA HEALTHCARE PLAN FOR CALIFORNIA

Seven healthcare priorities: the issue and the MACA fix

Healthcare should be affordable, available, and age-ready in every county. MACA will reduce costs, close local access gaps, and deliver practical care solutions from birth through healthy aging.

| Category | Issue | MACA fix |
|---------------------------------------|---|--|
| 1. Affordability | Families skip visits, medicines, and follow-up care because premiums, deductibles, and out-of-pocket bills are too high. | Cap patient costs, crack down on surprise bills, expand preventive care, and use state purchasing power to lower what Californians pay. |
| 2. Access and wait times | Patients wait too long for appointments, especially for primary care, specialists, mental health, and urgent treatment. | Expand clinics, telehealth, mobile care, and provider recruitment so every county can deliver faster appointments and shorter travel times. |
| 3. Maternal and infant health | Too many mothers and babies face delayed prenatal care, preventable complications, and weak postpartum support. | Guarantee earlier prenatal care, postpartum follow-up, doulas, and local maternal services to improve outcomes statewide. |
| 4. Children and teen health | Children lose preventive care and teens face rising mental health stress, substance-use risk, and school-based care gaps. | Strengthen school-linked health, pediatric prevention, immunizations, nutrition support, and same-week youth mental health access. |
| 5. Working-age adult care | Adults delay treatment for chronic disease, reproductive care, and behavioral health because care is costly, fragmented, or hard to schedule. | Build coordinated primary care, chronic disease management, reproductive health access, and mental health treatment that works around real life. |
| 6. Rural and county inequality | Rural, inland, and underserved counties often have fewer doctors, less technology, and weaker care networks than wealthier regions. | Set a statewide access standard and direct staffing, incentives, telehealth, and infrastructure to counties with the biggest shortages. |
| 7. Senior care and aging | Older Californians face falls, dementia, caregiver strain, transportation barriers, and long waits for home and community support. | Help seniors age at home with fall prevention, dementia navigation, caregiver relief, home care, and better local coordination. |

MACA will fix healthcare for any age, in any county, statewide — with lower costs, faster care, and measurable results.